



TV personality Jane Kennedy with Genazzano students (from left) Claudia, Lucinda, Alexandra and Bronte prepare for the World Record fitness class for World Down syndrome Day. Picture: Josie Hayden

Inner East

## **Kew-based movement and dance group e.motion21 sets a new world record**

Greg Gliddon, Progress Leader  
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A KEW-based dance and movement group for people with Down syndrome has set a world record for the number of people drumming on Swiss balls at the same time.

The team from e.motion21 set the record with 289 people as part of the World Down syndrome Day celebrations on March 21.

Event MC and e.motion21 ambassador Jane Kennedy said the world record, which has been recognised as a Guinness World Record, was the result of months of planning and hard work.

“I’ve witnessed some great achievements but today’s event was truly remarkable,” Ms Kennedy said last week. “To see this organisation take the lead and continue to challenge perceptions of what people with Down syndrome can achieve truly made me proud.

“To have this recorded as part of history is even better.”

### **World record attempt for people drumming on Swiss balls**

Drumming on Swiss balls is part of e.motion21’s fitness program, Beat Fit.

Beat Fit combines dance, aerobics and drumming to create a total body, cardiovascular workout.

The event was sponsored by the Dulux Group and was held at Genazzano FCJ College in Kew.

Also in attendance were entertainer Tim Campbell and players from the Carlton Football Club.